



# VETERANS GROUP

## JOIN US

In Person, virtually via ZOOM, or by Telephone

### Meet with other Veterans to:

- Reminisce about common experiences
- Discuss current events
- Share tips for staying active
- Connect with friends



### GROUP MEETS:

**1st, 3rd, & 5th Tuesday** *of each month* | 12:30-1:30 pm

To join via Zoom:

**Dial In: 888.788.0099 | Meeting ID: 840 6490 5974**

Contact: **Wendy Lepper, LMSW** 516.822.3535, x384 [wlepper@miyjcc.org](mailto:wlepper@miyjcc.org)