



DECEMBER

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

		1 Bagels & Spreads String Cheese Vegetable Fruit	2 Fish Sticks Vegetable Salad Fruit	3 Tuna & Wheat Bread Vegetable Salad Fruit
6 Chicken Nuggets Vegetable Salad Fruit	7 Grilled Cheese Vegetable Salad Fruit	8 Bagels & Spreads String Cheese Vegetable Fruit	9 Fish Sticks Vegetable Salad Fruit	10 Macaroni & Cheese Vegetable Salad Fruit
13 Chicken Nuggets Vegetable Salad Fruit	14 Grilled Cheese Vegetable Salad Fruit	15 Bagels & Spreads String Cheese Vegetable Fruit	16 Fish Sticks Vegetable Salad Fruit	17 Tuna & Wheat Bread Vegetable Salad Fruit
20 Chicken Nuggets Vegetable Salad Fruit	21 Grilled Cheese Vegetable Salad Fruit	22 Bagels & Spreads String Cheese Vegetable Fruit	23 Fish Sticks Vegetable Salad Fruit	24 School Closed (UPK OPEN-see 12/10 Friday's lunch)
27 School Closed	28 School Closed	29 School Closed	30 School Closed	31 HAPPY New Year

Our menu was reviewed following the CACFP nutrition guidelines and approved by nutritionist Shari Hamburg MS. The CACFP guidelines indicate food group choices as well as portion sizes. Please feel free to send in peanut/tree nut free, kosher options as substitutions or to supplement your child's meal if needed. Breakfast of milk, cereal & fruit is served daily until 8:30am. All snacks provided are whole grain and are accompanied by a fruit or protein.